

Daily Health Checks and Mandatory Self Isolation

Should students or staff have common-cold, influenza, or any symptoms associated with COVID-19 they must stay home, self isolate, and be assessed by a health care provider; the BCCDC recommends testing for anyone with these symptoms, even mild ones.

Parents will be required to conduct a daily health check prior to sending their child to school:

Daily Health Check			
1. Symptoms if illness	Do you have any of the following symptoms?	CIRCLE ONE	
	Fever	YES	NO
	Chills	YES	NO
	Cough or worsening of chronic cough	YES	NO
	Shortness of Breath	YES	NO
	Sore throat	YES	NO
	Runny nose/stuffy nose	YES	NO
	Loss of sense of smell or taste	YES	NO
	Headache	YES	NO
	Fatigue	YES	NO
	Diarrhea	YES	NO
	Loss of appetite	YES	NO
	Nausea and vomiting	YES	NO
	Muscle aches	YES	NO
	Conjunctivitis (pink eye)	YES	NO
	Dizziness, confusion	YES	NO
	Abdominal pain	YES	NO
	Skin rashes or discoloration of fingers or toes	YES	NO
2. International Travel	Have you or anyone in your household returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Are you or is anyone in your household a confirmed contact of a person confirmed to have COVID_19?	YES	NO

If you answer "YES" to any of the questions and the symptoms are not related to a pre-existing condition (e.g. allergies) **DO NOT ENTER THE SCHOOL.**

If you are experiencing any symptoms of illness, contact a health-care provider for further assessment. This includes calling 811, or a primary care provider like a physician or nurse practitioner.

If you answered "YES" to questions 2 or 3, use the COVID-19 Self- Assessment Tool at the BC Centre for Disease Control to determine if you should be tested for COVID-19.